



110 Notre Dame Street  
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March 2010 Newsletter

### Book Nook

During these clammy days not yet letting go of winter; within this murky political era of partisan division, healthcare debates and job loss; and especially on a day of fracturing self-doubt, The Cosmic Dance by Joyce Rupp is a poetic overture that will ease your heart into the new hope of spring. Subtitled, “An Invitation to Experience Our Oneness”, her book of prose and poetry mix awakens the ancient wisdom we know in the deep silence of our prayer--that all is truly one--the basic teaching embedded in all spiritual and religious traditions.

These are short readings, just enough for one of life’s interludes. Joyce Rupp lifts us up beyond our pettiness renews our sense of meaning by again helping us to believe in the possibilities of spring.

**To quote from her poem, “It Is Possible”:** it is possible/ to become one/ with Earth/ just as it is possible/ to become one/ with all people, / their pain my pain, / their joy, my joy, / their struggle and delight/ an echo of my own. / it is possible to become one. /it is possible.

For this and other selections in our SUNSEED library, email [hhendricks@ssnd-milw.org](mailto:hhendricks@ssnd-milw.org) and make arrangements to borrow this book or any other. For your convenience, we intend to add our list of SUNSEED library materials to our website.

\*\*\*Please note that the Time for the Heart: Quilting Our Lives prayer times will be cancelled for this month due to unexpected out-of-state meetings. Thanks for understanding.

For upcoming events in March and a peek at April, see the next page!

## Coming Events



### World Water Day March 27, 2010

The most precious resource on our planet at this time is not oil, but water. Our crops need it. Our bodies need it. Even our psyches need its beauty. By the way, the focus of the world community will be on the *quality and preservation* of water.

Here at Sunseed, we celebrate *water* with people all over the world in a creative way: with an enriching morning of reflection using water color art **and** an afternoon of learning the basics and benefits of planning a rain garden.

Education and informational materials will also be available.

Please see the attachment for further details and information to register.

### Time for the Heart: God Bless Growing Things

April 8; 6:30-7:30 PM

April 11; 1:00-2:00 PM

In the 18<sup>th</sup> century, the Christian custom began of Blessing the Fields in the spring after planting. These days were called "Rogation Days". Somewhat in this spirit, we ask for blessing on all that yearns to grow in our gardens, on our farms and in our hearts.

Join us for an hour of inspired prayer. Create an origami seed ball and go home with a gift for the Earth.

**(The flyer will be emailed to you at the end of March)**

## Earth Day 2010

April 17<sup>th</sup>; 10:00 AM-4:00 PM

The day's events will include:

- ◆ The Buzz on Backyard Beekeeping
- ◆ A Fair Trade Presentation and All Day Sale
- ◆ Face Painting
- ◆ Bluebirding In Your Own Backyard
- ◆ How To Compost
- ◆ Green Burial (an ecological and ancient way to be buried)
- ◆ Kids Activities: Scavenger Hunt; Crafts; Native American Story Telling
- ◆ Creative Garden Snacks
- ◆ Displays...informational material and much more!

**(The flyer will be emailed to you at the end of March)**

All events will be held at SUNSEED Eco-Education Center; 110 Notre Dame Street; Mount Calvary, WI. Contact [smoynihan@ssnd-milw.org](mailto:smoynihan@ssnd-milw.org) for further details.