



# SUNSEED SUNSPOTS

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## July 2010



**What's up?**

**July 14**

**Kid's Day on the Farm Grades 4-5**

**10:00-3:00**

**July 15**

**SUNSEED at North Lake Country Farmers Market**

**3:30-6:30**

**July 21**

**ND Middle School at SUNSEED**

**July 31**

**SUNSEED at Prairie Fest 10:00-3:00**

**UW-FDL campus [www.fdl.edu/arboretum](http://www.fdl.edu/arboretum)**

**August 28**

**Canning workshop 10:00-2:00**

**October 9**

**Awakening the Dreamer Changing the Dream Symposium 10:00-4:00**

**Asparagus, kohlrabi, strawberries and more were gathered by the participants of June's Kid's day on the farm. Organic pest control**



**was also part of the day's activities. Erick demonstrates how.**



**After lunch** and a prairie walk/run, the day ended with a bonfire and s'mores. **We have openings in the July 14<sup>th</sup> program, register now.**

More than another book to read The Transition Handbook by Rob Hopkins "is an invitation to join the hundreds of communities around the world who are taking the steps towards making a nourishing and abundant future a reality".

Transition Initiatives work with deliberation and good cheer to create a fulfilling and inspiring local way of life that can withstand the shocks of rapidly shifting global systems by addressing this BIG question:

*For all those aspects of life that our community needs in order to sustain itself and thrive, how do we significantly increase resilience (in response to peak oil), drastically reduce carbon emissions (in response to climate change) and greatly strengthen our local economy (in response to economic instability)?"*

Transition Initiatives make no claim to have all the answers, but by building on the wisdom of the past and unlocking the creative genius, skills and determination in our communities, the solutions can emerge.

Now is the time for us to take stock and to start re-creating our future in ways that are not based on cheap, plentiful and polluting oil but on localized food, sustainable energy sources, resilient local economies and an enlivened sense of community well-being.

Learn more at: [www.transitionculture.org](http://www.transitionculture.org), [www.transitionus.org](http://www.transitionus.org), [www.transitionwisconsin.org](http://www.transitionwisconsin.org)