

March 2010

On the Lenten Journey . . .

The last letter I wrote I spoke of ordinary time - the in-between time after the holidays and before Lent begins. I challenged you to make this "ordinary time" a time for growth as you moved toward Lent.

So, has there been growth for you as you now move into Lent? What are you being called to in this season of growth toward embracing the life, death and resurrection of Jesus?

I came across a reflection today by a great spiritual writer of our time named Henri Nouwen. His thoughts center on our call to discipline and returning to the Lord with all our hearts. Here is a portion of what he said:

When we follow Jesus we follow a discipline that gives space to let the Father touch us, forgive us, and receive us. Like Jesus, we need to be available; we must be "home." We must have an address if we want to be addressed. We must be home in order to receive a guest, or to receive God. So disciplines are ways of creating space, a home within, where God can come into our lives to forgive, to hear, and to bring important gifts.

Whatever the practice or the "discipline" that you may have chosen for your Lenten growth, I challenge you to make it one that gives you space to let God work in your heart. Be available, be "home" where God can bring whatever gifts you need to be made new during this time of Lenten growth.

Planning Ahead . . .

There are two days being planned where you can come to "Meet Some Amazing Women" - spend some time chatting with some of today's religious women about their lives of prayer, community and service.

- Saturday, April 24, from 10 a.m. to 2 p.m.
- Sunday, May 2, from 2 to 4 p.m.

These gatherings will take place at the Community House of the School Sisters of Notre Dame, located on the campus of Mount Mary College in Milwaukee - 92nd Street just south of Burleigh. Check our website at www.ssnd-milw.org for more details.

As always, I am interested in your questions and comments. What is stirring in your heart? I would be most happy to hear from you!

With blessing for a growth-filled Lent,
Sister Barb